

MIURA BIKE&HIKE MAP

Miura Peninsula is one hour train ride away from the Tokyo city center. You will see the beautiful ocean and mountains by just stepping out from the city. A bicycle is the perfect choice to enjoy the charms of this area, including mountain peaks with nice ocean and city views, rocky beaches the sunsets, local specialty foods and sweets. Why don't you explore the exciting and new trip to Miura that connects the mountains, the ocean and the city?



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Shopping Plaza
HAYAMA STATION

Opening Hours
am9:00~pm7:00
(closed on Wednesdays)

TEL
+81-46-876-0880

A roadside station for local ingredients and famous stores

2

La Marée Restaurant

Opening Hours
am11:30~pm9:00
(closed on Mondays)

TEL
+81-50-5364-3876

French casual seaside cuisine, with local fish and vegetables

3

LES PÂTISSERIES
LA MAREE DE CHAYA

Opening Hours
am10:00~pm8:00
(closed on New Year holidays)

TEL
+81-45-784-5911

A long-established seaside French pastry shop & cafe

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Hayama Marina

Opening Hours
am9:00~pm7:00
(closed on Tuesdays)

TEL
+81-46-875-0002

Marine brand shops and restaurants, round trip cruise

5

The Gazebo

Opening Hours
am11:30~pm2:00 / pm5:30~pm8:00
(closed on Wed, the 3rd Tuesday)

TEL
+81-46-874-9663

Fish and Chips, stick to seasonal local fish

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Piscaria

Opening Hours
am12:00~pm2:00 / pm6:00~pm9:00
(closed on Mon, the 3rd Tuesday)

TEL
+81-46-802-8388

Italian of Sicilian cuisine, enjoys local seafood

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Days386 Burger Restaurant

Opening Hours
am1:00~pm8:00
(closed on Tuesdays)

TEL
+81-46-876-5750

Homemade buns with rye & 100% Wagyu beef hamburger

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Engawa cafe & space

Opening Hours
am11:30~pm3:00

TEL
+81-46-827-7188

Traditional old folk house and slow food lunch plate

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Ishiki BASE

Opening Hours
am1:00~pm8:00
am1:00~pm10:00 (Fri/Sat)

TEL
+81-46-876-6588

Lounge cafe for marine life, rental of boat/sup tools

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Marlowe Akiya Honten

Opening Hours
am11:30~pm2:00 / pm5:15~pm7:30
(closed on Fridays)

TEL
+81-46-884-4383

Traditional homemade baked pudding, pasta and curry

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Tateishi Park

Parking area
am6:00~pm8:00

TEL
+81-46-853-8800

Great view with strange rocks and Mt. Fuji, especially at sunset

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Jorakuji Temple

Opening Hours
am10:00~pm3:00

TEL
+81-46-856-8622

5 budda statues by Unkei, sutra exp. (Reservation required)

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Ashina Bakery

Opening Hours
am8:00~pm4:00
(closed on Mon, the 1st & 3rd Tue)

TEL
+81-46-856-0575

Various and reasonably freshly baked bread, popular locally

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Shoku-Yabo

Opening Hours
am11:30~pm3:00

TEL
+81-90-8879-1931

Plantation restaurant, slow food and artistic natural space

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Sekiguchi Farm

Opening Hours
am11:00~pm4:00
(closed on Mondays)

TEL
+81-46-856-4894

Fresh milk and soft serve ice cream, animal petting

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Tokyo Yuzen HINOKITEI

Opening Hours
am11:30~pm2:30 / pm5:00~pm9:00
(closed on Mondays)

TEL
+81-46-852-0149

Slow food restaurant, fresh seafood and local vegetables

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Yamanoue Bakery

Opening Hours
am11:00~pm5:00
(closed on Tue, Wed)

TEL
+81-46-884-8670

Kiln bread, unique old house cafe located on the cliff

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Kohisama Coffee

Opening Hours
am11:00~am10:00 / am11:00~pm3:00
(closed on Mon, Thu)

TEL
+81-46-822-2301

Hawaiian cafe and Okinawa food, vegetarian food

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Kaneyo Shokudo

Opening Hours
am11~pm6 (Tue-Thu)
am11~pm10 (Fri-Sun/Pub holidays)

TEL
+81-46-841-9881

Italian cafe hideaway, presented by fishermen

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Yokosuka Museum of Art

Opening Hours
am10:00~pm6:30
(closed on the 1st Monday)

TEL
+81-46-845-1211

Superb view, contemporary art integrated with nature

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Misaki Uo-Ichiba Syokudo

Opening Hours
am6:00~am10:00 / am11:00~pm3:00
(closed on Wednesdays)

TEL
+81-46-876-6022

Enjoy sashimi and cutlet of Misaki Tuna from 6 am

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Higeji no Sumika

Opening Hours
am11:00~pm5:00
(closed on Wednesdays)

TEL
+81-46-845-6260

Local fish plates and bowls, hideaway restaurant in the forest

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Revival CAFE

Opening Hours
am11:00~pm6:30
(closed on Thursdays)

TEL
+81-46-845-6224

A concept cafe renovates the warehouse, local vegetable foods

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PIQUE MARCHE365

Opening Hours
am11:00~pm5:00
(closed on Sun, Mon, Pub holidays)

TEL
+81-46-845-9729

Local ingredients bakery with pellet kiln, baked with wood scrap

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PILOTA MOTO

Opening Hours
am11:00~pm5:00

TEL
+81-46-847-0563

Riders cafe run by famous racers, local food "Potech-Pan"

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Mt. Takatori

Many steep rocks at the summit, Buddha statue dug on the wall

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Mt. Sengen

Great view of Sagami Bay and Mt. Fuji after only 20 mins hiking

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Mt. Ogusu

The highest peak of the Miura Peninsula, enjoy seasonal flowers

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Mt. Kinugasa

Mountain castle ruins of Miura clan, Kamakura Bushido

30

Umanose Damon

A beautiful and mysterious sea cave formed by ocean erosion

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Koajiro Forest

A rare environment with forests, wetlands, tidal flats and the sea

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Mt. Miurafuji

Nice view of the Sagami Bay and Tokyo Bay from the summit

MIURA BIKE&HIKE MODEL COURSE

1st day

Mt. Takatori

Mt. Sengen

Tateishi Park

Mt. Ogusu

Mt. Kinugasa

Kannonzaki

2nd day

Jogashima

Koajiro Forest

Countryside

Mt. Miurafuji

Kurihama Port

To Boso/Kanaya Port

A course goes around the mountains and the beautiful west coast. Many famous restaurants and cafes for lunch or a break.

Goes around southern rocky beaches and forest, take a ferry to Boso. Recommend Misaki tuna for breakfast and sandwich for lunch.